

RECUPERATIVE & LONG-TERM CARE

In An Intimate Environment

Assisted Living & Skilled Nursing

- When life changes make independent living difficult
- When seniors can benefit from extra personal or medical care and attention
- When long-term placement is needed
- When seniors need warm, quality care and attention to individual dignity

RATES AND SERVICES
For Private-Pay Patients at

St. Paul's Towers

Overlooking Lake Merritt in Oakland

(510) 835-4700

FOR SENIORS IN "LIFE CHANGE" SITUATIONS

St. Paul's Towers

Skilled Nursing Facility

\$130 daily bed rate
skilled nursing care

Comfortable rooms with spectacular views of Lake Merritt, San Francisco and the Oakland Hills.

Monthly fee includes:

- Bed in a two-bedded room (private rooms, when available, at additional cost)
- Skilled nursing care
- 3 meals/day in room or sunny activities room
- Individualized, flexible care to optimize independence
- Local telephone calls

Services Available To Residents At Additional Cost

- Physician
- Private Duty Nursing
- Occupational Therapist
- Speech Therapist
- Physical Therapist
- Social Services
- Pharmacy
- Medical Van Service
- Beauty & Barber Services
- Personal Laundry
- Cable TV
- Transportation Via Private Van Service

Assisted Living Units

\$2900/month
per individual; couples negotiable
(1 month minimum)

Newly remodeled apartments, each with a spacious bedroom, separate living room and private bath.

Monthly fee includes:

- Supportive, personalized care to optimize individual independence
- Dispensing of medications
- 24-hour emergency response
- 3 meals/day in solarium or resident's apartment
- Local telephone calls
- Weekly housekeeping & linen service
- Exercise, games, creative activities and entertainment geared to residents' interest and skill levels

Tasty, Healthy Meals

Assisted living and skilled nursing residents may select from a varied menu with seasonal variations. The staff and dietician plan and serve healthy meals each day. Therapeutic diets are available, as prescribed by a physician.

Restrictions

- Patients are accepted when space is available.
- Every applicant will be evaluated for appropriate placement.
- Some restrictions may apply.

St. Paul's Towers

100 Bay Place, Oakland, CA 94610

For more information,
please call **(510) 835-4700**
Patricia Solem, RN,
Director Health Care Services, or
Phil Nichols,
Associate Administrator

St. Paul's Towers is a non-denominational not-for-profit community sponsored by the Episcopal Homes Foundation, offering "Security and the Full Life." ©

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for the Elderly) #011400627
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